



TEL

FAX

Prescriber: MD
Phone:
Fax Number:

Patient:
DOB:
Date:

had a medication therapy management appointment at Pharmacy on

Per the provider's request, the MTM session focused on the following:

- ☐ Medication reconciliation ☐ Medication education ☒ Therapeutic review of medication
☐ Dose orchestration ☒ Economic review of medication ☐ Adherence

Atrial Fibrillation

Assessment: Pt with recent diagnosis of a. fib. Currently on Inderal LA for hypertension. We discussed how this medication is not the ideal one to control heart rate and may also lead to some cognitive issues. Pt scored a 4 on CHA2DS2-VASc per progress note, so anticoagulation would be indicated.

Plan: Pt is agreeable to trying a different beta-blocker. Metoprolol succinate may be preferred given patient's renal function as it does not require dose adjustment and would also be covered under insurance. Xarelto would be a good option for anticoagulation given its once daily dosing.

If appropriate, please authorize the following changes:

Metoprolol Succinate 25 mg Take one tablet by mouth daily Qty: 30 Refills: 11

☐ I approve this prescription

☐ I do not approve this prescription

Explicit decision for MD

Xarelto 15 mg (adjusted for eCrCl ~ 40 ml/min) Take one tablet by mouth daily with food Qty: 30 Refills: 11

☐ I approve this prescription

☐ I do not approve this prescription

Gout

Assessment: Pt has had recurrent gout attacks (~ 3). Has treated each episode acutely and has not been on preventive therapy.

Plan: Explained how allopurinol works to prevent gout attacks and pt expresses interest in starting this.

If appropriate, please authorize the following changes:

Allopurinol 100 mg (adjusted for renal function) Take one tablet by mouth daily Qty: 30 Refills: 11

Specific suggestions for MD

In addition to the provider's initial request, the following information was also discussed, which may benefit the patient.

Hypertension

Assessment: Pt's BP of 154/88 (3/9/16) is above goal of < 140/90. Currently on Inderal LA.

Plan: Re-evaluate BP if started on Metoprolol. If continues to be elevated, may consider increasing metoprolol dose or adding an ACE-I or ARB.

Cholesterol

Assessment: Pt's recent cholesterol panel on 12/17/15 shows elevated levels (total chol 255, LDL 174, TG 216). Pt has tried 3-4 different statins and has experienced muscle aches with each.

Plan: Continue to monitor cholesterol levels. Encourage diet and exercise to improve levels. May consider non-statin therapy in future.

Comments:

Space for MD comments

Prescriber Signature _____ Date _____