Use Caution, Drive Safely

Avoid driving drowsy. Ask your pharmacist.

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Driving Drowsy

Most people know of the dangers of drinking and driving. But driving while taking certain medications can be just as dangerous. The *Journal of the American Medical Association* reports that 16,000 auto accidents each year can be attributed to impairment from prescription and over-the-counter drugs. Medications can affect the ability to drive, the way a few drinks can.

Many over-the-counter medications that are purchased to treat pain, cold, flu and allergy symptoms cause drowsiness. Driving while drowsy can impair an individual's ability to properly control a vehicle. Drivers may even be unaware that their driving skills have been affected. Being drowsy behind the wheel puts everyone on the road at risk.

Get the Right Advice

Pharmacists are the best resource for information about the side effects of medications. Always read the warning labels on your medication and ask your pharmacist if you have any questions.

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Michigan Pharmacists
ASSOCIATION

www.michiganpharmacists.org

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